

# Family Futures Referral Process (Nov 2019)

**Referral Form and Background Information**  
This information will be reviewed and a risk analysis undertaken.

## Neuro Physiological Psychotherapy Multi-Disciplinary Assessment

This assessment is a child assessment, during which there is a Story Stems Assessment/Child Attachment Interview as well as a Social Atom, Theraplay MIM Assessment, and parent session. A sibling dynamics assessment will also take place if more than one child is involved and if this is requested. This assessment will also include the administration of a range of psychological screening tools. A report drawing conclusions and making recommendations will then be disseminated.

The cost of this assessment for one child is £2,500. The cost for an additional birth child will be indicated at referral.

## Specialist Additional Assessments

Specialist additional assessments are:

- Psychiatric Assessments
- Cognitive Assessment
- Sensory Integration Assessment
- School Observation

The standard cost of each of the additional assessments/consultations above is £2,400.

A school observation ranges between £800-£1600 (depending on where the school is). There would also be travel costs applied.

Currently the ASF will fund aspects of these assessments so please contact us if you would like to discuss this further.

## Multi-Disciplinary Treatment Programme

This holistic Multi-Disciplinary Treatment Programme is a comprehensive long term programme of multi-disciplinary intervention. The programme is based on the Family Futures Neuro Physiological Psychotherapy model and looks holistically at the child's needs as well as the family's needs. This programme is appropriate for complex high risk children and will require ASF and local authority matched funding. It may also be funded by health authorities and an EHCP.

## Theraplay Treatment Programme

This programme includes 20 Theraplay sessions with the child and parent (these sessions are up to an hour in length depending on the age of the child and their ability). Some of these sessions would be parent sessions. The package also includes a minimal level of telephone and email liaison as well as a closing summary letter.

The cost of this Theraplay Treatment Programme, which can either be weekly or fortnightly, is £5,000.

## Sensory Integration Treatment Programme

This is an Occupational Therapy Sensory Integration Treatment programme.

It includes 14 Sensory Integration treatment sessions (1.5 hours long). Some of these sessions would be parent sessions. It also includes a minimal level of telephone and email liaison as well as a closing summary letter and sensory diet.

The cost of this Sensory Integration Treatment Programme is £5,000.

## Dyadic Developmental Psychotherapy (DDP) Treatment Programme

This programme includes 14 DDP sessions (1.5 hours long), with the child and parent. Some of these sessions would be parent sessions. The package also includes a minimal level of telephone and email liaison as well as a closing summary letter.

The cost of this DDP Treatment Programme is £5,000.

## Creative Therapy Treatment Programme

This programme includes 14 Arts Psychotherapy sessions with the child and parent (1.5 hours long). Some of these sessions would be parent sessions. This package also includes a minimal level of telephone and email liaison as well as a closing summary letter.

The cost of this Arts Psychotherapy Treatment Programme is £5,000.

## Educational Psychotherapy (EPT) Treatment Programme

This programme includes 14 Educational Psychotherapy sessions with the child (1.5 hours long). This package also includes a minimal level of telephone and email liaison as well as a closing summary letter.

The cost of this Educational Psychotherapy Treatment Programme is £5,000.