



Family Futures



Family Futures An education and development programme for professionals working with children

Based on our research published in the *Clinical Child Psychology and Psychiatry* journal

HCPC Continuing Professional Development

Why choose Family Futures training?

Are you a professional working with adopted, fostered or special guardianship children?

Our internationally renowned, innovative courses are taught by practitioners who have specialist knowledge, expertise and experience of child development.

Family Futures' training will help you achieve positive outcomes for children who have suffered early adversity and trauma. Our research-validated approach to placing, assessing and treating developmentally traumatised children has been rated Outstanding by Ofsted — "it results in excellent experiences, outcomes and progress" for children and their families.

We provide training for social workers, teachers, therapists, psychologists, psychiatrists, counsellors, and early childhood and developmental specialists.

What do professionals say?

9.2/10

Professionals have consistently rated our training course content 9.2/10 on average

Excellent resource for the wider professional community — a leader in changing culture.
Social Worker — Siblings course attendee

Wonderful knowledgeable trainers. This was such an informative course with fabulous content.
Children's Guardian — Therapeutic Life Story Work course attendee

Family Futures remains aware of the most current thinking and treatment for trauma and attachment difficulties.
Dr Dan Hughes, PhD, founder of DDP

"There is a high commitment to innovation and research. Published authors disseminate practice through conferences, training and consultancy work."

"The agency is a nationally recognised centre of excellence for therapeutic adoption and adoption support services which address the damage caused by early developmental trauma."

"Children and their families receive holistic care of exceptional quality, which results in excellent experiences, outcomes and progress."
Ofsted, 2018

Resources and free practice papers for professionals

REDUCED PRICE ON ALL DVDs

For a full list of titles visit:
www.familyfutures.co.uk/training



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Adoption Agency Registration: SC462984 Company Registration: 8423617



In-house bespoke training

Our skills based and service development courses below can be delivered as a one-off training course or as part of a rolling programme. Some of our courses on offer are listed here:

- ◆ **Siblings— working with sibling relationships post-placement**
- ◆ **Helping Fostered Children Transition to a new family**
- ◆ **Educational issues for looked after and adopted children and EHCP applications**
- ◆ **Attachment difficulties, developmental trauma and the neuroscience of brain development in traumatised children**
- ◆ **Managing and maintaining contact**
- ◆ **Identifying Sensory Integration difficulties**
- ◆ **An Introduction to Theraplay**
- ◆ **Comprehensive systemic family assessments**
- ◆ **Psychological and psychiatric assessments**
- ◆ **Assessment of therapeutic needs**
- ◆ **Assessment of contact needs**
- ◆ **Sensory integration/Occupational Therapist Assessments**
- ◆ **Multi-disciplinary assessments**
- ◆ **Marshak Interaction Method – Theraplay® assessments**
- ◆ **A neuro-sequential approach to therapeutic intervention with traumatised children**

To book or find out more visit:

www.familyfutures.co.uk/training

To discuss your training or consultancy needs or to book bespoke in-house training, please contact our Education & Professional Development Co-ordinator:
020 7354 4161 or
training@familyfutures.co.uk

Professional Development Training

A selection of some of the courses we offer to professionals working with children

Therapeutic Life Story Work



This three-day course will show you how to use non-verbal and therapeutic life story work to address difficult issues from a child's past, resolve early trauma and form secure attachments. Life story work is an innovative way to help a child express complex feelings. The course also shows you how to use life story work as a source of information.

Theraplay® — Level 1, Level 2 and Group Training



Theraplay is a short-term therapist-guided play therapy for children and their parents/carers that builds attachment, self-esteem and trust. It helps children view themselves as worthy and lovable, and to change their perceptions of relationships to ones that are positive and rewarding. Family Futures is a leading UK centre for Theraplay.

Supporting Looked After and Adopted Children in School



This two-day course provides an understanding of how early childhood trauma affects a child's development. It offers practical ideas for assessing a child's executive functioning level plus hands-on strategies to help children in the classroom and to support their parents.

Dyadic Developmental Psychotherapy Levels 1 and 2



This treatment model, developed by Dr Dan Hughes, focuses on building secure attachments between a child and their parents or carers. It looks at relationship development and trauma resolution, with participants able to explore their own attachment styles.

The Impact of Trauma in Infancy on Child Development



This two-day course provides an understanding of how prenatal and postnatal trauma affect child development, the impact of alcohol/drugs in the womb and how this impact can be assessed. Covers the theory behind developmental trauma and sensory integration and offers practical strategies and interventions to help participants support parents and children.

⇒ **Bespoke training for your organisation**
...Call us to discuss your training needs

Consultancy service

Our training courses can be followed up by a **bespoke consultancy service using Skype**. This is a very successful way of embedding new training into your organisation's practice.

To view our full range of courses visit www.familyfutures.co.uk/training

