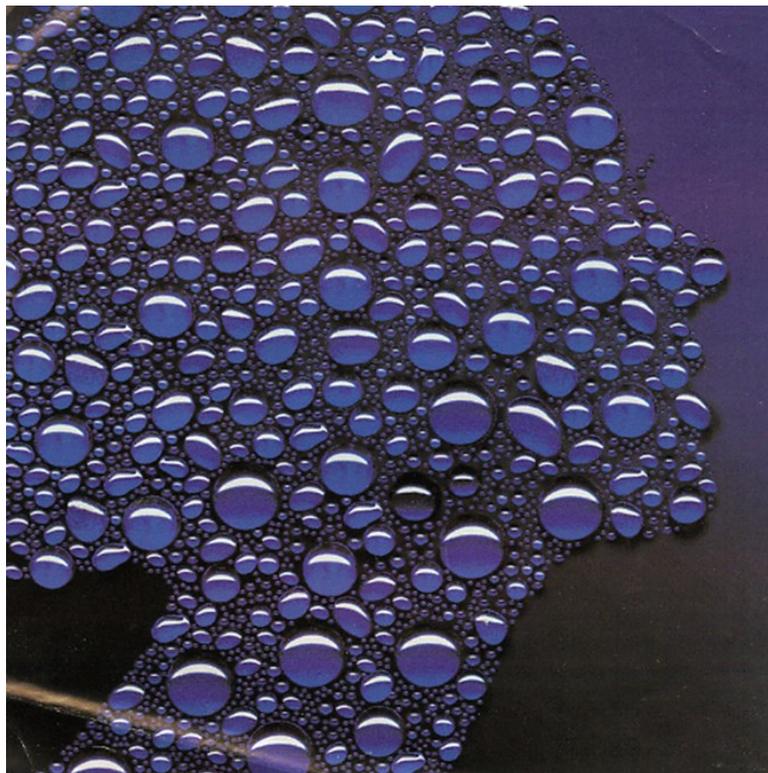




Assessing and Treating Developmentally Traumatised Children

Family Futures Conference — 20 years of Research into Practice

- ◇ **Keynote speaker: Professor Colwyn Trevarthen**
- ◇ **Presentation of Family Futures' latest research into the evidence for Neuro-Physiological Psychotherapy — a comparison of outcomes for treatment vs non-treatment groups**



Friday 19 October 2018, The Crystal, London



Aims of the conference

Family Futures is an Adoption Agency specialising in assessing and treating developmentally traumatised children. To celebrate our 20th year we are holding a conference that looks at both the work of one of our guiding lights, Colwyn Trevarthen, and at our latest research on our Neuro-Physiological Psychotherapy treatment programme and the outcomes for adopted children who have / have not participated in this programme.

The research looks at the outcomes of Family Futures' Neuro-Physiological Psychotherapy (NPP) model which has at its core a neurosequential approach integrating Jean Ayres' Sensory Integration, Theraplay® and Dan Hughes' Dyadic Developmental Psychotherapy. The NPP model also integrates the work of Peter Levine, Bruce Perry, other neuroscientists and Creative Art therapists.

Who should attend?

The conference is aimed at social workers, psychologists, psychiatrists, therapists, teachers and anyone involved in helping children who are looked after or adopted.

Learning outcomes

The day will be a combination of presentations and workshops to give participants an understanding of:

- Research evidence for a multidisciplinary, neurosequential approach to the treatment of Developmental and Complex Trauma
- The benefits of non-verbal creative therapies when assessing, placing or treating developmentally traumatised children who are fostered or adopted
- Communicative musicality: exploring the basis of human companionship
- The neurological, physiological and psychological impact of neglectful and abusive parenting in infancy
- What happens to children and adoptive families when we fail to intervene effectively
- Therapeutic techniques and skills

Fees

Full fee £180. £150 for early bird payments received by 31 July 2018.

To find out more or to book, visit www.familyfutures.co.uk/training



Conference Agenda

- 9:30–10:00 **Registration and refreshments**
- 10:00–10:15 **Welcome and Introduction: Alan Burnell Co-Director of Family Futures**
- 10:15–11:15 **Keynote Presentation: The Poetry and Drama of Learning in Early Childhood: how affections of 'Human Sense' inspire 'Common Sense'**
Professor Colwyn Trevarthen
In the last five decades cognitive psychology and human neuroscience have had to change their theories of human development with evidence of the primacy of emotions. This includes the growth of playful life in intimate relations. This recall of intuitive values of the human spirit has implications for social policy in education and care.
- 11:15–11:45 **Refreshments**
- 11:45–13:00 **Latest findings for Neuro-Physiological Psychotherapy: a comparison of outcomes for treatment vs non-treatment groups**
Dr Elaine McCullough and Amy Mathura, Family Futures
Over the past 20 years Family Futures has developed Neuro-Physiological Psychotherapy (NPP), an integrative multidisciplinary approach that addresses the physiological, affective, cognitive and behavioural impact of developmental trauma and Complex PTSD for children. Research exploring the outcomes of this model points to significant improvements for young people in affect regulation, quality of relationships, behavioural outcomes and inclusion in education when compared to a cohort of children who did not receive the recommended treatment package. Long term implications are discussed.
- 13:00–14:00 **Lunch**
- 14:00–14:15 **Adoptive parents' perspective on the research**
Marie Louise Sauerberg, We are Family, Adoption Support Community
- 14:15–16:45 **Choose 2 workshops from the list below. (Refreshments served between workshops.)**
 1. The implications for family placement services of Developmental and Complex Trauma. How can these services be improved in the light of what we now know?
 2. Why is multidisciplinary assessment important and what tools do we use?
 3. What is Sensory Integration and why is it important for neglected and abused children?
 4. What is a neurosequential approach to therapy and how do Dyadic Developmental Psychotherapy (DDP) and Theraplay® fit in to this model?
 5. Are foster carers, adoptive parents and schools set up to care for Developmentally Traumatized children?
- 16:45–17:00 **Summation**

To find out more or to book, visit www.familyfutures.co.uk/training



Conference Venue



The Crystal, London

**1 Siemens Brothers Way,
London, E16 1GB**

The Crystal, a sustainable cities initiative, is located on the waterfront at the western end of the Royal Victoria Docks in East London and is well served by public transport.

If travelling by car, the Crystal is not in the Congestion Zone and the Royal Victoria Car Park is a five minute walk away. For directions to the venue visit: www.thecrystal.org

Conference delegates will have free access to the exhibition at The Crystal and can get a discounted ticket at the conference for the Emirates Air Line Cable Car to the Greenwich peninsula (by the O2).

Lunch and refreshments are provided.

About Family Futures

Family Futures is a not-for-profit, independent Adoption Agency specialising in the assessment and treatment of children who have experienced Developmental Trauma. We are rated 'Outstanding' by Ofsted.

Family Futures was named a Centre of Excellence by C4EO and has an international reputation for its innovative work pioneering the assessment and treatment of traumatised children and disseminating its training programme.

Our training courses, based on our research and clinical practice, have been rated 9.2 out of 10 on average for content by attendees.

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