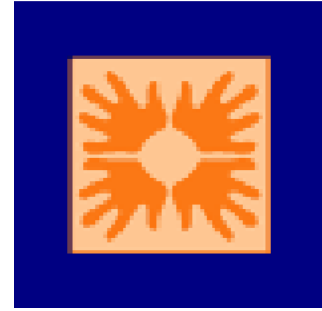


# Introductory Theraplay/MIM

## Building strong families and emotionally healthy children and adults through Theraplay training



**Theraplay** is a short-term, therapist-guided play therapy for children and their parents/care givers that enhances attachment, self-esteem and trust in others through joyful engagement, it is based on the natural patterns of healthy interaction between parent and child. It focuses on four essential qualities found in parent-child relationships: Structure, Nurture, Engagement and Challenge. This creates an active and empathetic connection between child and parents.

This training results in a changed view of the self as worthy and lovable, and of relationships as positive and rewarding. **The MIM** is a structured technique for observing and assessing the interaction between caregivers and child. The MIM consist of a series of simple tasks which the caregivers and child perform together. It's used to evaluate the caregivers' capacity for Structure, Nurture, Engagement and Challenge the child's response to the care giver and is a valuable tool in planning treatment and determining how to help families strengthen their relationships. **Group Theraplay** is an adaptation of Theraplay to settings in which the therapist or other professional works with groups of children or with groups of parents and children.

### This course will provide:

- ◆ Both the MIM and the Group Theraplay training
- ◆ Role-play opportunities to practice Theraplay techniques
- ◆ Administer the MIM and analyse it at a beginning level
- ◆ Applying Theraplay principles to group treatment

### Who should attend:

Psychologists and psychiatrists, Occupational Therapists, Social workers, Speech and Language Therapists, Counsellors, Adoption and Post-Adoption Counsellors, Family therapists, Early Childhood & Developmental Specialists, Teachers and Adoptive/Foster parents.

### Who will present the course:

Two Theraplay trainers from the Theraplay Institute

### A five-day course

**Date:** 30 April - 4 May 2012  
**Registration:** 8.30am (day 1 only)  
**Start time:** 09.00hrs  
**End time:** 17.00hrs (16:00hrs on the last day)

**Lunch/Refreshments provided**

**For booking and more information, contact:**  
**Azyta Farzadnia, Training Services Coordinator**  
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**020 7354 4161 or visit [www.familyfutures.co.uk](http://www.familyfutures.co.uk)**