

Dan Hughes

Trauma and the Road to Recovery



Dan's treatment model, Dyadic Developmental Psychotherapy, is family-based and focused on facilitating the child's ability to establish a secure attachment with his/her caregivers. The theories and research of Attachment, Intersubjectivity, and Trauma are the primary models used for relationship development and trauma resolution. Dan blends various approaches into his treatment modality. These include Family Therapy, Ericksonian Hypnotherapy, Psychodynamic Principles, and interventions congruent with Theraplay and narrative work. He actively communicates PACE (playfulness, acceptance, curiosity, and empathy) in order to co-regulate the affect associated with past experiences and to co-construct new meanings of these experiences. Level 2 is more practical than level 1. Participants will have the opportunity to bring in DVD's of their work and receive feedback and discuss what they have been trying to do since level 1. The training group for level 2 is smaller than level 1 which allows more room for discussion and supervision. There will also be an opportunity for participants to explore their own attachment styles in the level 2 training. In order to become an accredited DDP therapists, individuals will need to complete levels 1 and 2 training, produce 10 DVD's and participate in Supervision carried out by accredited DDP therapist.

These individual 4 day courses will provide:

- *A unique opportunity for qualified Practitioners who work with children who have been traumatised, have attachment difficulties and are living in adoptive or foster families, to develop what we regard as baseline skills for people working in this field.
- *An introduction to Dyadic Developmental Psychotherapy

Who should attend?

Therapists, Psychologists, Psychiatrists, Social Workers, Adoptive parents

Who will present the course?

Dr Dan Hughes is a Clinical Psychologist specialising in the treatment of children and youth with trauma-attachment problems and their families. Dan trains in this model of treatment and providing care throughout the US, UK, Canada, and Australia. He is the author of various books and articles and is the President of Dyadic Developmental Psychotherapy Institute.

A four-day course

Date:

Registration:

Start time:

End time:

Fee:

£800 + VAT

For booking and more information, contact:
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