



# Learning to be Difficult or Difficulties with Learning?

## Education based problems and solutions for parents

The day is designed for adoptive parents and foster carers to explore what is called in the field of cognitive psychology “Executive Functioning”. The executive functioning skills underlie the ability to solve problems and for the child, they underlie the ability to manage everyday tasks both at school and at home. Problem-solving is a complex process involving a range of different cognitive abilities including self-regulation, planning, organisation and self-evaluation alongside the ability to overcome obstacles and manage transitions. Family Futures has been at the forefront of recognising that there is a connection between repeated trauma in infancy and the development of executive functioning skills. Marion Allen has developed and researched a range of techniques that teachers, parents and children can use at home and at school with problem solving. It is critical that parents, carers and teachers are aware of these issues because if these cognitive processing difficulties are not addressed, it has an impact on the child’s self esteem, behaviour and achievements. There is now a growing body of research and theory upon which the day will draw and concepts such as ‘errorless learning’ will be explored and explained.

### The course will provide:

- \* Parents and carers with an understanding of the evidence base for executive functioning difficulties in children
- \* Things that parents and carers can do at home to help their children overcome problem-solving difficulties
- \* Tools and strategies that can be used in the classroom
- \* Hand-outs to inform teachers and information on developmental trauma and peer relationships

### Who will present the course?

Marion Allen, Education Specialist and Mandy Ruddock, Paediatric Occupational Therapist

### Who should attend:

Adoptive parents, foster carers, prospective adopters and foster carers and parents/carers of children who have experienced on-going trauma in their early formative years.

*Futures can also provide bespoke in-house training, consultancy and supervision on this and other issues related to adoption and fostering*

### A one-day course

**Date:** 30 May 2012  
**Registration:** 9.45am  
**Start time:** 10.00hrs  
**End time:** 16.00hrs

**Early Bird Fee:** £120 + VAT  
if booked by 30 March 2012  
**Fee:** £150 + VAT  
**Associate rate:** £120 + VAT  
**Refreshments/lunch provided**

**For booking and more information, contact:**  
**Azyta Farzadnia, Training Services Coordinator**  
**training@familyfutures.co.uk**  
**020 7354 4161 or visit www.familyfutures.co.uk**

# FAMILY FUTURES TRAINING BOOKING FORM

COURSE TITLE	DATE OF COURSE

*25% DEPOSIT IS REQUIRED UPON APPLICATION TO SECURE A PLACE. PLEASE COMPLETE ALL SECTIONS AND RETURN THE FORM BY EMAIL TO [TRAINING@FAMILYFUTURES.CO.UK](mailto:TRAINING@FAMILYFUTURES.CO.UK) OR BY POST TO THE ABOVE ADDRESS. THE TRAINING COORDINATOR WILL CORRESPOND WITH THE DELEGATE BY EMAIL TO CONFIRM THE BOOKING AND TO PROVIDE FURTHER DETAILS ABOUT THE TRAINING.*

## DELEGATE DETAILS

<b>FULL NAME</b>	
<b>JOB TITLE</b>	
<b>PROFESSIONAL QUALIFICATIONS</b>	
<b>TEAM</b>	
<b>ORGANISATION</b>	
<b>ADDRESS</b>	
<b>PHONE</b>	
<b>MOBILE</b>	
<b>EMAIL</b>	
<b>FOOD ALLERGIES</b>	
<b>SPECIAL REQUIREMENTS</b>	
<b>WHERE DID YOU HEAR ABOUT THIS TRAINING?</b>	

## INVOICE DETAILS:

<b>AMOUNT</b>	£	+ VAT	<b>NAME</b>	
<b>ADDRESS</b>				
<b>INV NO</b>	FOR OFFICE USE ONLY			

**PURCHASE ORDER NO.** ..... **AUTHORISED BY**.....

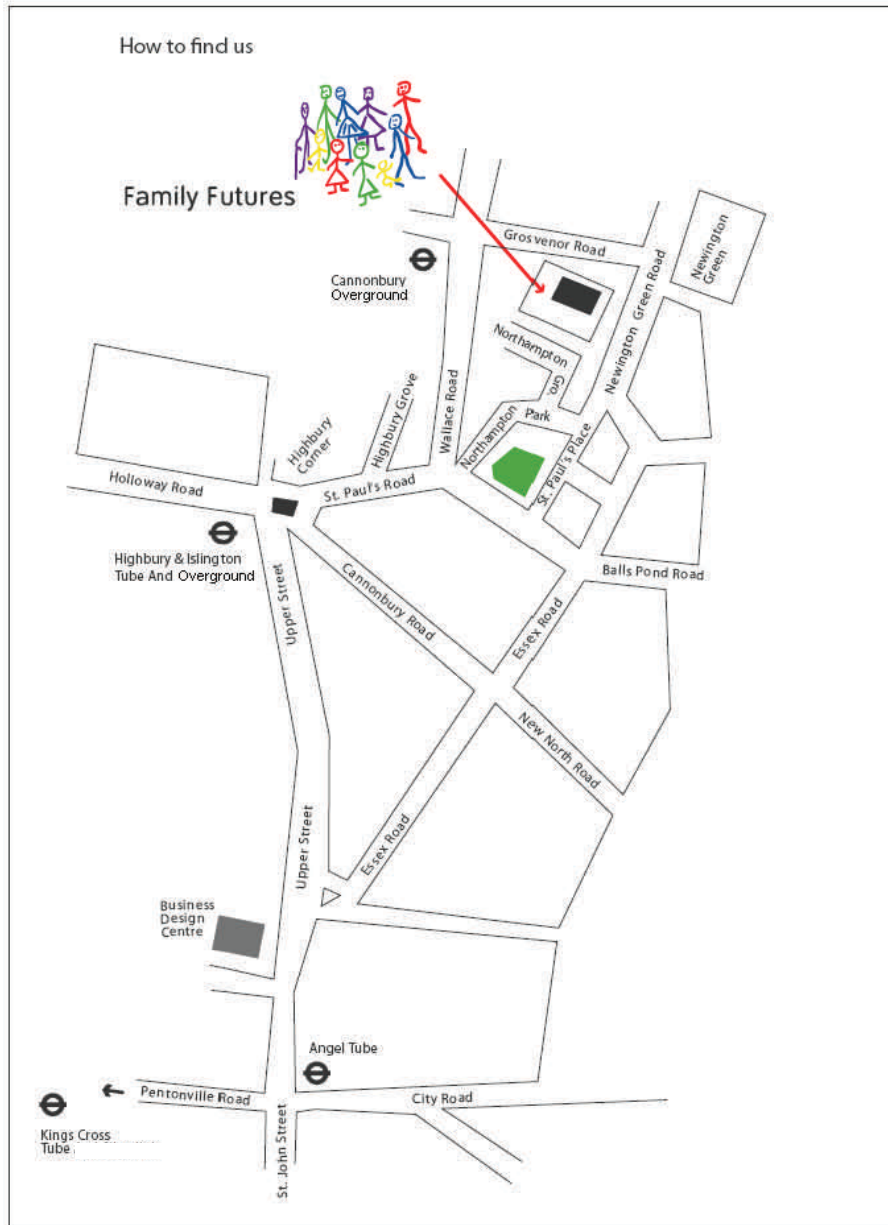
**SIGNED:** ..... **DATE:** .....

*I understand that the invoice and participant details will be passed to the relevant course provider and retained on its data base in order that it can process this booking and that FF will also retain this information for administration purposes. FF may wish to use the details given on the form to contact you about relevant training offers in the future. Tick here if you do not wish to receive these details*

*I confirm that I have the authority of my Employer to incur this expenditure. I understand that invoices must be settled within 30 days or in advance of attendance at the event, whichever is the sooner. I further understand that participants will be held responsible for payment of invoices. I have read and accept the terms and conditions.*



## How to Find Us



- Car parking is available on request, contact Azyta Farzadneia on 020 7354 4161 or [training@familyfutures.co.uk](mailto:training@familyfutures.co.uk).
- Nearest over-ground station is Cannonbury, 5 minute walk down Northampton Park
- Nearest tube station is Highbury and Islington (Victoria line), from there catch the 30 or 277 bus to Newington Green/Essex Road at the bottom of St Paul's Place, walk up St Paul's Place to Northampton Grove
- From Angel Tube station (Northern line) 73, 341 or 476 bus, get off after St Paul's Church at the first stop in Newington Green Road after Ball's Pond Road—walk straight ahead across the road bear left, leads to Northampton Grove