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## **A Counselling Service for Parents & Families Involved in Donor Conception**

Becoming a parent and forming a family is always a complex process full of mixed emotions, hopes and fears. Becoming or being a family that has been formed by donor conception can add another level of complexity. It is important that all parents feel that, when they are worried, concerned or feeling low, they have somewhere that is sympathetic and understands the donor conception dimension to turn to for advice and support.

Because Family Futures is a highly professional, confidential counselling service we have been asked by the Donor Conception Network to develop a counselling service that specifically addresses the needs of parents, children and families whose lives have been touched by donor conception. Family Futures has a reputation for providing parent and family friendly support to families that are formed in diverse ways. We also have an established reputation for working with children and young people and conveying complex and sometimes difficult information to them. We always work collaboratively with parents in involving them in our direct work with children.